1. Is my area of specialization ecology? Or do I need to be more specific?
It doesn't need to be that specific, as the title will give more details. In this case, "ecology" is fine.

2. Who is my dissertation sponsor? My advisors? My committee chair?
Sponsor = adviser, co-sponsor = co-advisor

3. There are three spots for my Dissertation Prospectus Committee, but I have five members. Should the three spots go to the members that are outside the three folks from my core committee? Or is it the core committee?
GSAS requires only three members on the prospectus committee, whereas E3B requires five, hence the discrepancy. Dissertation Prospectus Committee = 3 core members.

4. What is my defense committee as opposed to the dissertation prospectus committee?
No need to fill anything in on these lines.